

WASHINGTON STATE 2001 MEN'S OUTDOOR BESTS

Event Qualifying Marks: *NCAA Automatic/#NCAA Provisional/+Pac-10

100m (10.16/10.34/10.74) 2001 LIFETIME

# Anson Henry	10.28 (n)	10.28
# Anthony Buchanan	10.28 (n)	10.28
Dan Brink	10.88w (n)	10.88w
	10.98 (j)	
JK Haines	11.06 (a)	10.75hs
Steve Dwyer	11.21 (p)	11.21

200m (20.50/20.85/21.44) 2001 LIFETIME

+ Anson Henry	21.17 (a)	21.17
+ Anthony Buchanan	21.20w (n)	21.11
Eric Dudley	22.39 (c)	22.37i
Dan Brink	22.05w (h)	22.05w
	22.27 (j)	22.15i
Simon Kamau	22.47 (j)	22.47
J.K. Haines	22.60 (j)	21.68 hs

400m (45.40/46.20/47.84) 2001 LIFETIME

+ Eric Dudley	47.84i (2/24)	47.84i
Simon Kamau	48.55 (g)	48.55
Qieed Ishmael	48.59 (a)	48.25i
Dan Brink	50.45 (c)	50.45
Steve Dwyer	50.55 (c)	50.07i
Tom Winslow	50.98 (f)	49.99
Josh Fitzhugh	51.43 (c)	49.07

800m (1:47.50/1:49.00/1:51.54) 2001 LIFETIME

Jacob Hazelquist	1:53.69 (a)	1:53.69
Ryan Wieseler	1:53.76 (j)	1:53.76
Jon Welsh	1:58.17 (g)	1:54.13i
Qieed Ishmael	1:59.42 (j)	1:59.42

1,500m (3:41.50/3:45.00/3:50.14) 2001 LIFETIME

+ Jon Welsh	3:47.29 (a)	3:47.29
Ian Johnson	3:51.65 (a)	3:51.65
Will Thrift	3:55.95 (d)	3:55.95
Scott Johnson	3:56.40 (g)	3:56.40
Kyle Barker	3:57.96 (g)	3:57.96
Jim Neeway	4:02.60 (g)	4:02.60
Loren Childers	4:09.93 (g)	4:09.93
Kurt Hicks	4:19.83 (g)	4:19.83
Steve Dwyer	4:41.22 (c)	4:37.49

3,000m STEEPLE (8:43.00/8:54.00/9:09.14)

	<u>2001</u>	<u>LIFETIME</u>
+ Kyle Barker	8:57.71 (q)	8:57.71
+ Jon Welsh	8:59.68 (q)	8:59.68
+ Scott Johnson	9:04.75 (d)	9:04.75
Ian Johnson	9:22.99 (g)	9:22.99

5,000m (13:46.00/14:07.00/14:35.14)

	<u>2001</u>	<u>LIFETIME</u>
+ Will Thrift	14:26.33 (a)	14:26.33
Oscar Franco-Parra	14:37.94 (j)	14:37.94
Jon Welsh	14:52.56 (j)	14:52.56
Ian Johnson	14:56.90 (j)	14:56.90
Mark Wicklander	14:59.78 (j)	14:59.78
Kyle Barker	15:27.36 (j)	15:27.36
Jim Neeway	16:18.34 (j)	16:18.34

10,000m (29:00.00/29:45.00/NS) 2001 LIFETIME

Oscar Franco-Parra	30:09.99 (d)	30:09.99
Jon Welsh		30:04.93

110m HURDLES (13.72/13.90/14.74)

	<u>2001</u>	<u>LIFETIME</u>
* Arend Watkins	13.47 (a)	13.47
+ Eric Dudley	14.34w (h)	14.34w
	14.52 (f)	14.52
+ Steve Dwyer	14.40w (h)	14.40w
	14.95 (a)	14.95
Antwan Randolph	15.56w (k)	15.56w
	15.85 (j)	15.85

400m HURDLES (50.10/51.20/53.64)

	<u>2001</u>	<u>LIFETIME</u>
+ Eric Dudley	50.6h (c)	50.6h
	51.63 (h)	50.90
+ Steve Dwyer	53.81 (h)	53.81
Josh Fitzhugh	59.8h (c)	59.8h

400m RELAY (39.20/40.00/NS)

	<u>2001</u>
Watkins, Henry, Brink, Buchanan	40.45 (n)

1600m RELAY (3:04.00/3:07.00/NS)

	<u>2001</u>
Kamau, Dudley, Wieseler, Ishmael	3:13.87 (a)

HIGH JUMP (2.25/2.18/2.05m) [7-4 1/2 / 7-1 3/4 / 6-8 3/4]

	<u>2001</u>	<u>LIFETIME</u>
+ Matt Alverson	2.16i / 7-1i (2/16)	2.16i (7-1i)
	2.15 / 7-0 1/2 (a)	2.15 (7-0 1/2)
+ Steve Dwyer	2.06 / 6-9 (p)	2.06 (6-9)
+ Ezra Gordon	2.05 / 6-8 3/4 (g,j)	2.10 (6-10 3/4)

2001 MEN'S OUTDOOR BESTS - 2

Event Qualifying Marks: *NCAA Automatic/#NCAA Provisional/+Pac-10

POLE VAULT (5.55/5.30/5.00m)

[18-2 1/2 / 17-4 1/2 / 16-4 3/4]

	2001	LIFETIME
+ Bryan Preuss	5.06i / 16-7 1/4i (2/24)	5.06i (16-7 1/4i)
	5.00 / 16-4 3/4 (h)	5.00 (16-4 3/4)
+ Rick Collins	5.05i / 16-6 3/4i (3/3)	5.11 (16-9 1/4i)
	5.00 / 16-4 3/4 (h)	5.00 (16-4 3/4)
J.Nikbakhsh-Tali	4.70 / 15-5 (a)	4.90 (16-0 3/4)
Ryan Turner	4.88 / 16-0 (j)	4.90i (16-0 3/4i)
Steve Dwyer	4.55m/14-11 (p)	4.55 (14-11)

LONG JUMP (7.95/7.65/7.30m) [26-1 / 25-1 1/4 / 23-11 1/2]

	2001	LIFETIME
Brian Graham	6.57 / 21-6 3/4 (f)	7.07 (23-2 1/2hs)
Steve Dwyer	6.77 / 22-2 1/2 (p)	6.77 (22-2 1/2)

TRIPLE JUMP

(16.30/15.70/14.50m) [53-5 3/4 / 51-6 1/4 / 47-7]

	2001	LIFETIME
J. Nikbakhsh-Tali	14.05w / 46-1 1/4w (f)	14.33 (47-0 1/4)
	13.64 / 44-9 (a,g)	
Brian Graham	14.04 / 46-0 3/4 (f)	14.30i (46-11i)
Peter Rizzardi	13.88 / 45-6 1/2 (g)	14.07 (46-2)hs

SHOT PUT

(19.20/17.80/17.00m) [63-0 / 58-4 3/4 / 55-9 1/4]

	2001	LIFETIME
+ Sam Lightbody	17.78i / 58-4i (2/9)	17.78i (58-4i)
	16.77 / 55-0 1/4 (c)	
Shaun Straka	16.01 / 52-6 1/2 (a)	16.06i (52-8 1/4i)
Tim Gehring	15.19 / 49-10 (k)	16.22 (53-2 3/4)
Jon Thomas	14.90 / 48-10 3/4 (a)	14.90 (48-10 3/4)
Steve Dwyer	12.02 / 39-5 1/4 (p)	12.02 (39-5 1/4)

DISCUS (60.00/56.00/51.50m) [196-10 / 183-9 / 168-11]

	2001	LIFETIME
+ Vinnie Pecht	54.46i / 178-8i (2/3)	56.26 (184-7)
	54.40 / 178-6 (c)	
+ Sam Lightbody	53.72 / 176-3 (g)	53.72 / 176-3
+ Cameron Graves	53.10 / 174-2 (f)	55.14 (180-11)
Steve Dwyer	37.36 / 122-7 (p)	37.36 (122-7)

HAMMER (68.00/61.00/58.00m) [223-1 / 200-1 / 190-3]

	2001	LIFETIME
Tim Gehring	54.66 / 179-4 (f)	54.66 (179-4)
Jon Thomas	49.04 / 160-11 (c)	49.04 (160-11)
Ryan Nichols	46.92 / 153-11 (f)	46.92 (153-11)

JAVELIN (72.00/67.30/60.00m) [236-3 / 220-9 / 196-10]

	2001	LIFETIME
+ Bryan Jones	64.78 / 212-6 (k)	68.58 (225-0)
+ Curt Borland	64.22 / 210-8 (c)	66.04 (216-8)
+ Ryan Nichols	64.16 / 210-6 (a)	68.14 (223-7)
Steve Dwyer	48.70 / 159-9 (c)	48.76 (160-0)

DECATHLON (7,500/7,150/5,832)

	2001	LIFETIME
# Steve Dwyer	7,169 (p)	7,169
(p: 100m - 11.21, LJ - 6.77m / 22-2 1/2, SP - 12.02m / 39-5 1/4, HJ - 2.06m / 6-9, 400m - 51.90, 110mHH - 14.71w, D - 37.36m / 122-7, PV - 4.55m / 14-11, Jav - 48.46m / 159-0, 1500m-4:59.66)		

* = NCAA automatic qualifier, # = Provisional qualifier

+ = Pacific-10 qualifier.

SR = WSU school record. FSR = Freshman WSU record.

MEET LEGEND

- a @ California, Washington, UCLA, Berkeley 3/17
Quad Scores: UCLA 213.5, WSU 181, Cal 154.5, UW 123
Dual Scores: WSU 101 Cal 62, WSU 116 UW 47,
UCLA 101 WSU 62
- b @ Dusty Lane Open, Spokane 3/17
- c @ Baldy Castillo Invite, Tempe 3/22-24
- d @ Stanford Invite, Stanford 3/31-4/1
- f Washington, Pullman 4/7
Team Scores: WSU 111 UW 52
- g Eastern Washington, Idaho, Pullman 4/14
Team Scores: WSU 117 EWU 38, WSU 84 UI 78
- h @ Texas Team Championships, Austin 4/21
Team Scores: Texas 185, Texas A&M 116, LSU 99,
WSU 94, Minnesota 59
- j Second Annual Cougar Invitational, Pullman 4/27-28
- k Palouse Team Invite, Pullman 5/5
Team Scores: WSU 132 Boise St 20, WSU 115 LBSU 40
- m @ Vandal Jamboree, Moscow 5/6
- n @ Modesto Relays, Modesto 5/12
- p @ Pac-10 Multi Championships, Berkeley 5/12-13
- q @ Cardinal Qualifier, Stanford 5/13
- r @ Pac-10 Championships, Berkeley 5/19-20
- \$ @ NCAA Championships, Eugene 5/30-6/2

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WASHINGTON STATE 2001 WOMEN'S OUTDOOR BESTS

Event Qualifying Marks: *NCAA Automatic/#NCAA Provisional/+Pac-10

100m (11.30/11.55/12.04) 2001 LIFETIME

+ Erin Reed	11.82 (c)	11.82
Tamara Gulley	11.90 (j)	11.88
+ Bree Skinner	11.91w (h)	11.91w
	12.00 (j)	11.93
+ Ellannee Richardson	12.03 (a)	11.72
Agneta Rosenblad	12.43 (f)	12.29

200m (23.10/23.60/24.64) 2001 LIFETIME

+ Erin Reed	23.78w (k)	23.78w
	23.82 (c)	23.82
+ Ellannee Richardson	24.14i (2/24)	23.75
	24.26 (a)	
+ Tiffany Giles	24.47 (c)	24.38
+ Bree Skinner	24.53w (h)	24.53w
	24.81 (j)	24.58
Agneta Rosenblad	24.83 (c)	24.62
Randi Smith	24.98 (c)	24.56
Tamara Gulley	25.02 (c)	25.02
Whitney Evans	25.34 (c)	25.04
Sarah Odonkor	25.41 (j)	25.35i

400m (52.40/53.70/55.44) 2001 LIFETIME

+ Ellannee Richardson	54.14i (2/16)	54.14i
+ Erin Reed	54.65 (a)	54.65
+ Tiffany Giles	55.13 (c)	54.34
Randi Smith	56.70 (c)	54.39
Bree Skinner	58.91 (c)	56.02

800m (2:05.00/2:07.50/2:11.14) 2001 LIFETIME

Angelita Green	2:11.75 (a)	2:09.58
Hillary Smith	2:13.11 (c)	2:13.11
Ellannee Richardson	2:16.58 (p)	2:14.95
Anna Blue	2:17.75 (a)	2:17.75
Whitney Evans	2:19.62 (c)	2:18.56
Beth Welander	2:21.44 (f)	2:21.37i
Emily Sodorff	2:24.75 (j)	2:18.0hs
Megan Maynard	2:24.98 (k)	2:24.98

1,500m (4:19.00/4:24.00/4:40.14) 2001 LIFETIME

+ Anna Blue	4:36.93 (j)	4:36.93
Ryan Gilmore	4:38.16 (g)	4:38.16
Hillary Smith	4:40.55 (d)	4:40.55
Megan Maynard	4:40.92 (g)	4:39.93
Greta Johnson	4:44.46 (a)	4:37.47
April Gagner	4:58.46 (g)	4:37.92

3,000m Steeplechase (10:20.00/11:10.00/NS)

	<u>2001</u>	<u>LIFETIME</u>
# Megan Maynard	10:36.58 (q)	10:36.58 SR
Jenny Filipy	11:28.69 (g)	11:28.69
Beth Welander	11:46.75 (g)	11:46.75 FSR
Ana Cabrera	11:57.14 (h)	11:57.14

5,000m (16:13.00/16:48.00/17:30.14)

	<u>2001</u>	<u>LIFETIME</u>
+ Anna Blue	16:50.21 (d)	16:50.21
+ Ryan Gilmore	17:11.44 (a)	17:02.78
Greta Johnson	17:30.87 (d)	17:03.64
Anna Cabrera	18:09.29 (a)	18:09.29
Jenny Filipy	18:21.31 (b)	18:56.34

10,000m (34:10.00/35:15.00/NS) 2001 LIFETIME

Ryan Gilmore	35:23.72 (d)	35:23.72
Ana Cabrera	36:55.60 (d)	36:55.60
Jenny Filipy	37:30.32 (d)	37:30.32

100m HURDLES (13.10/13.60/14.34)

	<u>2001</u>	<u>LIFETIME</u>
# Agneta Rosenblad	13.35w (h)	13.35w
	13.48 (g)	13.48 SR
# Tamara Gulley	13.55w (h)	13.55w
	13.97 (k)	13.73hs
+ Randi Smith	13.83w (j)	
	14.07 (d)	13.72
+ Ellannee Richardson	13.8h (p)	
	14.17 (k)	13.69
+ Sarah Odonkor	14.27w (h)	14.27w
	14.37 (g)	14.37
Whitney Evans	14.44 (c)	14.44

400m HURDLES (57.50/59.20/62.04)

	<u>2001</u>	<u>LIFETIME</u>
# Randi Smith	58.2h (c)	58.2h
	59.02 (a)	57.07 SR
Sarah Odonkor	1:04.2h (c)	1:04.2h
	1:04.83 (a)	1:04.83
Alison Eldridge	1:07.14 (j)	1:07.14
Heidi Abersfeller	1:08.33 (g)	1:07.27

400m RELAY (44.00/45.10/NS) 2001

Rosenblad, Reed, Skinner, Richardson	45.38 (j)
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1600m RELAY (3:32.50/3:39.00/NS) 2001

R. Smith, Giles, Green, Skinner	3:44.19 (a)
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HIGH JUMP (1.85/1.79/1.70) [6-0 3/4 / 5-10 1/2 / 5-7]

	<u>2001</u>	<u>LIFETIME</u>
# Whitney Evans	1.84 / 6-0 1/2 (g)	1.85 (6-0 3/4)
+ Briana Willis	1.77i / 5-9 3/4i (2/9)	1.77i (5-9 3/4i)
	1.75 / 5-8 3/4 (g,k)	
E. Richardson	1.66 / 5-5 1/4 (c,p)	1.67i (5-5 3/4)
Stephanie Jaross	1.50 / 4-11 (f)	1.65 (5-5)hs

WSU 2001 WOMEN'S OUTDOOR BESTS - 2

Event Qualifying Marks: *NCAA Automatic/#NCAA Provisional/+Pac-10

POLE VAULT (4.10/3.80/3.70m) [13-5 1/4 / 12-5 1/2 / 12-1 1/2]

	2001	LIFETIME
# J. Martus	3.97 / 13-0 1/4 (j)	3.97 (13-0 1/4) SR
# K. McGee	3.85 / 12-7 1/2 (j)	3.85 (12-7 1/2) FSR
# S. Robinett	3.81 / 12-6 (g)	3.81 (12-6)
A. Doepker	3.25 / 10-8 (k)	3.65 (11-11/34 hs)

LONG JUMP

(6.50/6.20/5.80m) [21-3 3/4 / 20-4 1/4 / 19-0 1/2]

	2001	LIFETIME
# A. Rosenblad	6.41i / 21-0 1/2i (2/24)	6.41i (21-0 1/2i)
	6.22w/20-5w (k)	
	6.17 / 20-3 (c)	6.36 (20-10 1/2)
E. Richardson	5.72 / 18-9 1/4 (p)	5.95w (19-6 1/4w)
Whitney Evans	5.68 / 18-7 3/4 (c)	5.77w (18-11 1/4w)
		5.69 (18-8)
B. Ufodiana	5.59w / 18-4 1/4w (f)	5.64 (18-6)hs
	5.50 / 18-0 1/2 (f)	

TRIPLE JUMP

(13.40/12.80/12.00m) [43-11 3/4 / 42-0 / 39-4 1/2]

	2001	LIFETIME
+ B. Ufodiana	12.40i/40-8 1/4i (2/9)	12.78w (41-11w)hs
	12.48W/40-11 1/2W (k)	
	12.18 / 39-11 1/2 (c)	12.54 (41-1 3/4)hs
Alison Eldridge	11.83w/38-9 3/4w (h)	11.86 (38-11)
	11.36 / 37-3 1/4 (j)	

SHOT PUT

(16.00/14.90/13.25m) [52-6 / 48-10 3/4 / 43-5 3/4]

	2001	LIFETIME
# S. Rance	15.01 / 49-3 (h)	15.01 (49-3) FSR
+ A. Thornton	14.98i/49-1 3/4i (2/17)	14.98i (49-1 3/4i)
	14.88 / 48-10 (g)	
+ Becky Potter	14.61 / 47-11 1/4 (j)	14.80 (48-6 3/4)
Whitney Evans	11.16 / 36-7 1/2 (c)	11.16 (36-7 1/2)
E. Richardson	10.05 / 32-1 (c)	11.14 (36-6 3/4)

DISCUS (54.50/50.50/46.00m) [178-10 / 165-8 / 150-11]

	2001	LIFETIME
# Andrea Thornton	52.12 / 171-0 (j)	52.12 (171-0)
Becky Potter	45.76 / 150-1 (f)	48.54 (159-3)
Shannon Rance	44.86 / 147-2 (k)	44.86 (147-2)

HAMMER (61.00/56.00/52.00m) [200-1 / 183-9 / 170-7]

	2001	LIFETIME
# Andrea Thornton	59.44 / 195-0 (q)	59.44 (195-0) SR
+ Becky Potter	52.90 / 173-7 (c)	52.90 (173-7)
Shannon Rance	37.86 / 124-2 (f)	37.86 (124-2)

JAVELIN (52.50/46.50/43.50m) [172-3 / 152-7 / 142-8]

	2001	LIFETIME
+ Casey Lektorich	43.74 / 143-6 (g)	47.36 (155-4)
+ E. Richardson	43.64 / 143-2 (p)	43.64 (143-2)
Whitney Evans	39.60 / 129-11 (p)	39.60 (129-11)

HEPTATHLON (5,500 points/ 5,175 points / 4,365 points)

	2001	LIFETIME
* Ellannee Richardson	5,578 (p)	5,678 AJR
(p: 100mH - 14.04h, HJ - 1.66m / 5-5 1/4, SP - 9.64m / 31-7 1/2, 200m - 24.64, LJ - 5.72m / 18-9 1/4, Jav - 43.64m / 143-2, 800m - 2:16.58)		
(Lifetime: 100mH - 13.93, HJ - 1.66m / 5-5 1/4, SP - 10.28m / 33-8 3/4, 200m - 24.04, LJ - 5.95m / 19-6 1/4, Jav - 38.18m / 125-3, 800m - 2:14.95. Total - 5,678 points)		

# Whitney Evans	5,546 (p)	5,579
(p: 100mH - 14.44h, HJ - 1.81m / 5-11 1/4, SP - 10.64m / 34-11, 200m - 25.53, LJ - 5.64m / 18-6, Jav - 39.60m / 129-11, 800m - 2:19.75)		
(Lifetime: 100mH - 14.51, HJ - 1.81m / 5-11 1/4, SP - 10.48m / 34-4 3/4, 200m - 25.04, LJ - 5.77m / 18-11 1/4, Jav - 37.22m / 122-1, 800m - 2:18.56. Total - 5,579 points)		

* = NCAA automatic qualifier, # = Provisional qualifier
 + = Pacific-10 qualifier.
SR = WSU school record. **FSR** = Freshman WSU record.

MEET LEGEND

- a @ California, Washington, UCLA, Berkeley 3/17
Quad Scores: WSU 202, UCLA 200, Cal 149, UW 119
Dual Scores: WSU 104 Cal 58; WSU 85 UCLA 78;
WSU 122 UW 40
- b @ Dusty Lane Open, Spokane 3/17
- c @ Baldy Castillo Invite, Tempe 3/22-24
- d @ Stanford Invite, Stanford 3/31-4/1
- f Washington, Pullman 4/7
Team Scores: WSU 114.4 UW 43.5
- g Eastern Washington, Idaho, Pullman 4/14
Team Scores: WSU 146 EWU 11, WSU 108 UI 55
- h @ Texas Team Championships, Austin 4/21
Team Scores: WSU 160, LSU 149, Texas 115, Rice 82,
Texas A&M 61
- j Second Annual Cougar Invitational, Pullman 4/27-28
- k Palouse Team Invite, Pullman 5/5
Team Scores: WSU133 Boise St. 23, WSU 127 LBSU 34
- m @ Vandal Jamboree, Moscow 5/6
- n @ Modesto Relays, Modesto 5/12
- p @ Pac-10 Multi Championships, Berkeley 5/12-13
- q @ Cardinal Qualifier, Stanford 5/13
- r @ Pac-10 Championships, Berkeley 5/19-20
- \$ @ NCAA Championships, Eugene 5/30-6/2

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